

Primary Health Care Research Day

'Patient Engagement in Primary Health Care Research'

As the theme of this year's annual Primary Health Care Research day is **'Engaging Patients as Partners in Research and Healthcare'** we are proud to announce it is recognized as Patient Included.

Please visit the **Patients Included Website** for more information.

<https://patientsincluded.org/conferences/>

The Patients Included status is self-assessed and based on meeting all the five of the charter clauses.

- 1. Patients or caregivers with experience relevant to the conference's central theme actively participate in the design and planning of the event, including the selection of themes, topics and speakers.**

The Primary Health Care Research Day (PHCRD) planning committee includes two patients /citizens who are fully involved in the design and content of the conference and will have active roles throughout the day. In being part of the planning committee, these individuals collaborate with other committee members in selecting themes and topics for the different activities during the day, which will inform (again with their participation) the panel members best suited to lead discussions on the chosen topics. The patients on our team also contributed ideas which are being implement to make the day more patient and caregiver friendly. These include composing a guide on how to make research posters more patient friendly, as well as hosting a workshop where individuals can bring in their poster and get hands-on help on making in more patient friendly. Our patient advisors are directly involved in both the creation of the booklet and the creation and execution of the workshop. Another idea being implemented is having a designated room at the conference for patients and caregivers to be able to spend uninterrupted time to relax or unwind during the day, as we recognize that spending the whole day at the conference is long and might be stressful or overwhelming.

- 2. Patients or caregivers with experience of the issues addressed by the event participate in its delivery and appear in its physical audience.**

The patient advisors will also participate as panel members, presenters, and facilitators of the 'Round Table Café' session of PHCRD. The audience will include community members (patient/ citizen, community health board members etc.) physicians, policy makers, learners, researchers, health care providers. Both patient advisors have had experience in participating in primary health care research and are very active in research teams as advocates for patients.

- 3. Travel and accommodation expenses for patients or carers participating in the advertised programme are paid in full, in advance. Scholarships are provided by the conference organisers to allow patients or carers affected by the relevant issues to attend as delegates.**

We are pleased to offer two bursaries to members of the public who identify as having been in the role of a patient or caregiver, who have an interest in patient engaged research as either as a patient or caregiver and are interested in improving the Nova Scotia healthcare system through evidence-based research. This bursary includes registration, travel costs, accommodations, and meal per diems not covered during the event. These travel and accommodation expenses for those who receive the bursary will be paid in full, in advance. Based on the number of applications, we may be able to waive registration fees and parking costs for eligible applicants. Please visit the following link to apply for one of these bursaries.

<https://register.esourceevent.com/PHCRD18Portal>

- 4. The disability requirements of participants are accommodated. All applicable sessions, breakouts, ancillary meetings, and other programme elements are open to patient delegates.**

The venue itself and all breakout session rooms are wheelchair accessible and all sessions are open to anyone in attendance.

- 5. Access for virtual participants is facilitated, with free streaming video provided online wherever possible.**

Remote access to applicable sessions will be available at no charge throughout the day. Our team members will be monitoring Twitter for the hashtag #PHCRD2018 throughout the day, to respond to any tweets from virtual participants.

If you have any questions, please contact dfmresearch@dal.ca or (902)-473-3484